



BC Smoking Cessation Program

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Visit your local pharmacy to register for free nicotine replacement therapy (NRT) products or to get refills. HealthLink BC can provide you with health related information about the BC Smoking Cessation Program. Call **8-1-1** or search the [HealthLink BC Directory](#) to find a pharmacy now.

The [BC Smoking Cessation Program](#) helps people stop smoking or using other tobacco products. It assists people with the cost of nicotine replacement therapy (NRT) products or smoking cessation prescription drugs. The program is open to eligible B.C. residents who wish to stop smoking or using other tobacco products.

Nicotine gum, patches and other NRT products allow you to reduce your nicotine intake gradually. NRT can make it easier to handle withdrawal symptoms when you quit smoking.

Prescription smoking cessation drugs do not contain nicotine. They work on the brain to manage withdrawal symptoms and cravings, and to reduce your urge to smoke. For more information about prescription smoking cessation drugs or to get a prescription, speak to your health care provider.

To learn more, visit:

- [BC Cancer Screening: Smoking Cessation](#)
- [First Nations Health Authority: Coverage for Products to Quit the Use of Commercial Tobacco](#)
- [Fraser Health Authority: Quit smoking](#)
- [Government of B.C.: Eligible smoking cessation products](#)
- [Government of B.C.: Get help quitting tobacco](#)
- [Government of B.C.: Quitting Smoking & Tobacco Use](#)
- [Interior Health Authority: Quitting Tobacco or Vaping](#)
- [Island Health Authority: Smoking & Tobacco](#)
- [Northern Health Authority: Smoking and commercial tobacco reduction](#)
- [Quit Now BC: Get Subsidized Medication](#)
- [Vancouver Coastal Health Authority: Smoking Cessation Clinic at VGH](#)

For more HealthLinkBC File topics, visit www.HealthLinkBC.ca/more/resources/healthlink-bc-files or your local public health unit. For non-emergency health information and advice in B.C. visit www.HealthLinkBC.ca or call **8-1-1** (toll-free). For the deaf and hard of hearing, call **7-1-1**. Translation services are available in more than 130 languages on request.