



Chiropractic

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Approximately 1 million British Columbians visit a chiropractor each year. For information on chiropractic health care, common spine and spine related conditions, and what to expect from your family chiropractor, visit [British Columbia Chiropractic Association](#).

Chiropractic care provides diagnosis and treatment without the use of drugs or surgery for problems related to your muscles, joints, nerves and spine. Common conditions that are treated include low back pain, neck pain, sciatica, headaches and sprains. Chiropractic doctors can also provide advice on nutrition and exercise to support recovery and promote prevention.

Over 80 percent of British Columbians will suffer from back and neck pain at some point in their lives. Workplace incidents, car accidents, sports injuries, poor posture, household chores and the stress of daily living may all cause painful joint and spinal problems. For information on research and results, visit [BC Chiropractic Association – Chiropractic Works](#).

Chiropractic has been a regulated profession under British Columbia legislation since 1934 (Chiropractors Act). As of March 1, 2009, the College of Chiropractors falls under the [Health Professions Act](#) that governs all regulated health professions in B.C.

The following resources from the BC Chiropractic Association provide facts, research and other resources that may be helpful when thinking about your health care options:

- [Find a Doctor of Chiropractic Near You](#)
- [Care Tips](#)
- [Why See a Chiropractor?](#)
- [Chiropractic Helps](#)

For more information on the chiropractic profession in B.C., visit the [BC Chiropractic Association](#).